

# DCB news

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## DCB LAUNCHES NEW CERTIFIED RECOVERY COACH CREDENTIAL

DCB is pleased to announce the availability of the new Certified Recovery Coach (CRC) credential to begin immediately. DCB has adopted standards to begin to offer a unique and distinct certification that will recognize the work done by recovering individuals in the community.

The role of the CRC reflects a collaborative and strengths-based approach, with the primary goal being to assist individuals in achieving sustained recovery from addiction. CRCs will not be clinicians; they will serve in a supportive role within the community and/or within a treatment setting. Services provided by the CRC become a permanent critical component of the continuum of care services that will substantially improve an individual's ability to sustain recovery/wellness. The primary function of the CRC is to help individuals gain access to needed resources in the community by assisting them in overcoming barriers and helping them bridge gaps between their needs and available resources.

The CRC credential identified four domains or core areas of competence. Within each domain are task, knowledge and skill statements that further define the role of the Certified Recovery Coach. The four domains are Advocacy, Mentoring/Education, Recovery/Wellness Support and Ethical Responsibility. *Continued on page 2*

## DCB WELCOMES NEW BOARD MEMBER

DCB is pleased to welcome Isabel Rivera-Green, CPS to the Board of Directors. Isabel brings several years of experience in the field and is a strong advocate of the credentialing process. Below are questions we posed to Isabel as she begins her journey on the DCB Board of Directors.

### **DCB: As a new DCB Board of Director, what do you hope to contribute to the Board?**

**IRG:** I would like to contribute my passion for bringing Substance Abuse Prevention to the forefront. As of January 2011, Delaware introduced the credentialing of Certified Prevention Specialists (CPS). I hope to contribute my enthusiasm to the substance abuse prevention field. I hope to collaborate with the board on how to continue the momentum of CPS credentialing in the state of Delaware, by attracting new people to the field of prevention as well as continue to move forward with enhancing the fidelity of the substance abuse prevention field.

### **DCB: Why is credentialing important to you?**

**IRG:** The CPS credential is important to me because it brings a standard of professionalism to the field. Credentialing is respected in other professions and it provides a measure of knowledge in the field of prevention.

*Continued on page 2*

## DCB LAUNCHES NEW CERTIFIED RECOVERY COACH CREDENTIAL *CONTINUED*

Certification standards/requirements must be met by those seeking the certification. The requirements include:

**Employment:** 500 hours of volunteer or paid work experience specific to the domains.

**Education/Training:** 46 total hours of training as follows: 10 hours in Advocacy, 10 hours in Mentoring/Education, 10 hours in Recovery/Wellness Support, and 16 hours in Ethical Responsibility.

A minimum of a high school diploma or GED is required and must be documented. There is no time limit on when the training was received and all training must be documented by submitting copies of training certificates.

**Supervision:** 25 hours of supervision, specific to the domains.

**Code of Ethical Conduct/Release:** Candidates will be required to uphold and sign a CRC Code of Ethical Conduct and sign/notarize a Release page.

**Written Examination:** Must pass the Certified Recovery Coach examination.

**Recertification:** The CRC credential will be valid for a two year period. In order to maintain the CRC credential, 20 hours of training related to the three domains, including 6 hours in ethics will be required every two years.

The CRC application is posted on our website at [www.delawarecertificationboard.org](http://www.delawarecertificationboard.org).

## DCB WELCOMES NEW BOARD MEMBER *CONTINUED*

**DCB: If you could give one piece of advice to professionals pursuing certification, what would it be?**

**IRG:** It would be to visit the IC&RC and DCB websites for the listed resources as they prepare for the exam. I would also reach out to someone who has taken the exam to get their interpretation of what the exam consisted of with an emphasis on specificity to the difficult areas they may have experienced. Also, if afforded the opportunity, I would recommend that they take the Substance Abuse Prevention Skills Training (SAPST) when offered in their state. Also, stay current with the issues and trends on substance abuse at a national and local level.

**DCB: How do you take care of yourself, avoid burnout, and stay motivated and excited to work in our field?**

**IRG:** The way that I take care of myself to avoid burnout and stay motivated and excited to work in the field of prevention is through several approaches. I decompress from my career by spending time with my family. I leave work "at work" and I do not bring it home. Also, as Delaware's National Prevention Network Representative (NPN), I enjoy attending the Annual NPN Research Conference. I utilize this annual event to learn from my fellow NPNs as well as an opportunity to learn from other states, share my struggles and my state's accomplishments.

**DCB: What other interesting facts should we know about you?**

**IRG:** I obtained my Masters in Social Work at the City University of New York Hunter School of Social Work in Manhattan, NY in May 2007. I have worked in several clinical settings as a Medicaid Coordinator at the Young Adult Institute/National Institute for People with Disabilities in all five boroughs and as a Therapeutic Social Worker for the Jewish Child Care Association in Bronx and Brooklyn, NY. I have had the experience of working with adolescents in foster care and families in the implementation of prevention and intervention services with an interdisciplinary team in both professions. In 2007, I relocated to Delaware where I have worked with DSAMH for four years and am currently the Division's Prevention Specialist. I was appointed as the National Prevention Network (NPN) Representative for Delaware in Jan. 2010 and am the Division's expert and liaison for the Substance Abuse Prevention and Treatment Block Grant (SAPT BG) Prevention Set-aside. I received my CPS credential on March 7, 2011. I have received a wealth of knowledge in my past and current positions and look forward to gaining much more as a member of the Delaware Certification Board!



Pictured:

Isabel Rivera-Green, CPS  
DCB Board Member

## PARCHER CO-AUTHORS CO-OCCURRING DISORDERS WHITE PAPER

Dave Parcher, DCB Board of Director and Chair of IC&RC's Co-Occurring Disorders Professional Credential Committee, co-authored a white paper entitled "Integrated Treatment for Co-Occurring Substance Use and Mental Health Disorder: The Future of Our Workforce Is Now." To view the white paper, [click here](#).

## JOB POSTINGS AVAILABLE ON DCB'S WEBSITE

If you are an employer looking to fill a job opening or a certified professional searching for a new opportunity, DCB will list your employment opportunity on our website free of charge.

To have your job opening posted on our website, e-mail the announcement to [info@delawarecertificationboard.org](mailto:info@delawarecertificationboard.org)

## DAADAC'S 27TH ANNUAL CONFERENCE

Don't Miss This Year's DAADAC Conference!

DAADAC's 28<sup>th</sup> Annual Conference is March 15 & 16, 2013 at the Christiana Hilton Hotel in Newark. Earn up to 13 CEU's for attending. This year's conference is entitled "**Facing the Epidemics – Process Addictions, Trauma, & Pain Management.**" Keynote speakers include Joni L. Utley, Psy.D. on *The Link Between Trauma & Addiction: Seeking Safety* and Merrill Norton, PharmD, NCAC II on *Taking the Ouch Out of Pain Management in Patients with Addiction*. Be sure to visit DCB's exhibit booth at the conference. For questions about the conference or to register, contact NAADAC at 1-800-548-0497.

**Be sure to stop by the DCB Exhibit Booth!**

## SAVE THE DATE

### DSAMH SUMMER INSTITUTE

July 29 through August 2, 2013

Embassy Suites, Newark

The 42nd Summer Institute on "Addressing Trauma Across the Lifespan" will take place Monday, July 29, 2013 through Friday, August 2, 2013 at the Embassy Suites and Homewood Suites in Newark, Delaware.

More than 50 experiential, full-day workshops will be offered including topics such as co-occurring, suicide prevention, trauma informed care, health care reform, trauma specific interventions, brain based learning, ethics, gambling specific topics, dementia, specific disease states, DSM 5, self-care, hoarding, transitional age youth, evidence based practices, blending model, and wellness.

Additional information will be available on the Delaware Division of Substance Abuse and Mental Health website in April at <http://www.dhss.delaware.gov/dhss/dsamh/>



Our 22nd Annual Brain Injury Conference

# Brain Injury Across the Lifespan

Thursday, April 4  
*Conference Reception*



Friday, April 5  
*Conference*



Doubletree Hotel  
700 N. King Street  
Wilmington, DE

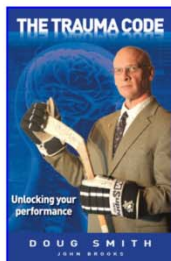


Venue is Easily Accessible to Public Transportation



Featuring Keynote Speaker

## Former NHL Player Doug Smith



All conference registrants will receive a complimentary copy of the exclusive BIAD Conference Edition of Doug's book "The Trauma Code."

# Register today!

For more information please call

1-800-411-0505